



Members of "Instituto Kanankil", Mérida, Yucatán, México in conversation with Dr. Edgardo Morales, San Juan, Puerto Rico

Dear Dr. Morales,

Thank you for your time and the rich conversation that we were able to share. With much appreciation, we would like to share with you some of the reflections that resulted from our videoconference held on March 11, 2011:

- I am a Therapy student and the class you gave us, along with the document you sent us, has allowed me to see that I am on the right track and has instilled more confidence in my career which I am initiating.
- Hearing about internal dialogue opened up new expectations for a new type of therapy.
- I must listen to my own internal voice in order to calm my anxiety toward wanting to ask one question after the other.
- The challenge is to put aside presuppositions, become aware of the times when I am labeling and/or framing, instead of accompanying the person in a self-discovery of abilities and competencies. Be more aware of the story in order to find possibilities.
- The grave error is not using words that have to do with a diagnostic, rather, not being rid of them all together.
- I reflected upon the "co-creation" of stories, not just in the therapeutic realm, but in the educational realm as well; in how the relationship between Professors and Students is trapped in the dominant discourses surrounding teaching-learning processes, and how often times these discourses which are plagued with prejudices and stereotypes determine the relationship between said actors, provoking a forced dynamic, negative and with low expectations on both sides, demotivation and low commitment.
- How life can affect us and even more those with whom we relate to. From a relational perspective we are the culmination of our interactions, our abilities and potentials. We relate in terms of who we are, what we think y what we can do.
- What grabbed my attention the most in readding the document was the section in which you mention, "Our histories constantly evolve. They change with shifts in life, with experiences we live and through the relationships we sustain."

With much appreciation,

*Your Kanankil Family*